

Fall 2019 FTX - “New Beginnings”

Kit List

- Health card (MANDATORY)
- Pillow & **Warm Sleeping Bag**
- Pyjamas
- Towel and Hygiene kit (deodorant, toothpaste/brush, hair products, etc.)
- Rain gear/ Winter Jacket, Hat, Mitts
- Water bottle
- Running Shoes
- Outdoor footwear (waterproof)
- Change of clothes for 4 days (in case of rain – lots of dry clothes & extra socks)
- Flash light
- Level 4-5's: Pen & notepad
- Level 5 Instructors only: 1 multi-tool or survival knife. The blade must not exceed 4 inches or 10 cm.
- **OPTIONAL Cadet Field Clothing (Combat Clothing)**
 - Combats are optional, cadets are not required to wear them on field training exercises
 - The Squadron will not reimburse the cost to purchase combats for any reason
 - Combats must be solid olive green Canadian Pattern, the wearing of other military patterns, including camouflage or CADPAT is not permitted.
 - When wearing combats, you must wear a “full kit”, a full kit would include, a headdress (beret, Sqn Baseball cap, Tilly hat or toque) a tunic/jacket, blue t-shirt, pants & boots. The only exception is a civilian winter jacket may be worn in cold conditions.



Cadet are NOT allowed to bring: knives, laptop computers, tablets, game systems or other electronic devices. Cadet may bring their cell phone, at their own risk.

Medications must be turned in to the supervising officer prior to getting on the bus.

This is an outdoor activity and cadets are expected to dress for the weather.